Example of Refilling Medications With Standing Orders

*Crusader Community Health developed the list of medications below to allow an RN or LPN to refill medications for 90 days without consulting a provider. For background on how this list was created, see the Crusader Community Health Case Report associated with this module.*

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| **ONE YEAR REFILLS**Medications listed in the following table may be refilled for 90-day supplies for up to a year from the last appointment date with a CCH provider, by the RN/LPN without consulting the provider: |
| **Medication** | **Labs required within normal limits in the last 12 months****AND****Refill exceptions** |
| Acetaminophen |  |
| Allergy medications (including antihistamines and corticosteroid nasal sprays) |  |
| Allopurinol | Creatinine  |
| AntacidsProton-pump inhibitorsH2-antagonists |  |
| Antianxiety medications, non-controlled  | Excludes pediatric patients |
| Anticonvulsants |  |
| Antidepressants | Excludes pediatric patients |
| Antihypertensive medications | Last recorded BP must have been <140/90 or patient will need follow-up visit (nursing encounter or PCP) scheduled and only 30-day supply with no refills allowed |
| Antiplatelet medications (aspirin, clopidogrel) |  |
| Asthma or COPD medications |  |
| BPH medications |  |
| Cholesterol-lowering medications | ALT & lipid panel |
| Contraceptives | If patient has missed a dose, obtain pregnancy test before refilling  |
| Diuretics | Potassium, creatinine |
| Epinephrine pen |  |
| Eye drops | Excludes eye drops with steroid (eg, prednisone) |
| Fish oil |  |
| Laxatives |  |
| Migraine medications (ie, triptans) |  |
| Osteoporosis medications |  |
| Oral diabetes medications and insulin | HbA1C within last 6 months. Creatinine within 1 year for metformin.  |
| Levothyroxine | Thyroid-stimulating hormone (TSH) within 1 year |
| Urinary urgency/antispasmotic agents (ie, oxybutynin and tolterodine) |  |
| Vitamins | Excludes prescription-strength Vitamin D (D2 or D3 50,000 IU)  |

Courtesy of Crusader Community Health. Last reviewed by Crusader Community Health Pharmacy and Therapeutics Committee in June 2019.

Source: AMA. *Practice transformation series: medication management.* 2019.