

# Being a 5 STARR<sup>®</sup> Team

## The State of the “Union?”

1 = Never   2 = Rarely   3 = Sometimes   4 = Often   5 = Daily

### Service

We recognize each other for our accomplishments.      1 2 3 4 5

We give small gestures of kindness to each other.      1 2 3 4 5

### Teamwork

We focus on each other when talking.      1 2 3 4 5

We check in with each other, and know about our joys  
and struggles.      1 2 3 4 5

### Attitude

Everyone seems to enjoy coming to work.      1 2 3 4 5

Everyone contributes to create a positive and encouraging  
team attitude.      1 2 3 4 5

### Reflection

We know and embody the mission of our practice.      1 2 3 4 5

We regularly connect with those things that have meaning  
in our work.      1 2 3 4 5

### Renewal

We promote and encourage physical health for our team.      1 2 3 4 5

We encourage and take time for stress reduction/relaxation.      1 2 3 4 5

Everyone is comfortable having fun in our work environment.      1 2 3 4 5

We play with ideas together to problem solve.      1 2 3 4 5