

Being a 5 STARR[®] Teammate

The State of the “YOUunion?”

1 = Never 2 = Rarely 3 = Sometimes 4 = Often 5 = Daily

Service

I recognize my coworkers for their accomplishments. 1 2 3 4 5

I give small gestures of kindness to my colleagues. 1 2 3 4 5

Teamwork

I focus on my colleagues when they are talking to me. 1 2 3 4 5

I have learned about my coworkers individually. 1 2 3 4 5

Attitude

I enjoy coming to work. 1 2 3 4 5

I help to create a positive and encouraging team attitude. 1 2 3 4 5

Reflection

I know and embody the mission of our practice. 1 2 3 4 5

I regularly connect with those things that have meaning
in my work. 1 2 3 4 5

Renewal

I live a physically healthy lifestyle. 1 2 3 4 5

I take time for stress reduction/relaxation. 1 2 3 4 5

I feel comfortable having fun in my work environment. 1 2 3 4 5

I play with ideas to problem solve. 1 2 3 4 5