Appreciative Questions for Team Meetings

*Routinely starting team meetings with appreciative questions can build a positive culture. Some teams devote five to 10 minutes at the start of each team meeting with one of the following questions. You might consider rotating the questions over the course of several meetings.*

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| Example questions |
| What is something that went well for you today? |
| What was a success that you had recently? |
| Can you tell me about a recent positive experience in your work or personal life? |
| Has a patient or family member told you that you made a difference? |
| How do you help to make our workplace more productive and positive? |
| Have you noticed a team member go beyond the call of duty sometime this week? |
| Can you recall a situation this week in which you had a chance to learn and grow? |
| Think of a recent successful team project. What made the team so successful? |

May N, Becker D, Frankel R, Haizlip J, Harmon R, Plews-Ogan M, et al. *Appreciative Inquiry in Health Care: Positive Questions to Bring Out the Best.* Brunswick, Ohio: Crown Custom Publishing, Inc.; 2011.

Source: *AMA. Practice transformation series: using appreciative inquiry to foster a positive organizational culture. 2016.*