Pearls for a Pain Visit

**Assessing Risk**

[ ] Check last UDT results

[ ] Check PDMP

[ ] Check last visit note for concerns/aberrancies

[ ] Check interval record for other contacts (phone, etc.) suggesting concerns

[ ] Any other changes in risk profile

**Counseling**

[ ] Discuss risks and benefits of opioids

[ ] Offer a taper

[ ] Counsel patients on strategies to minimize risk

**Treatment**

[ ] Determine if opioids are still justified

[ ] Alternative therapies

[ ] Non-opioid based medicines

[ ] Presence of imaging

**Follow Up**

[ ] Arrange reassessment

Source: AMA. *Practice transformation series:* Creating the Organizational Foundation for Joy in Medicine. 2017.