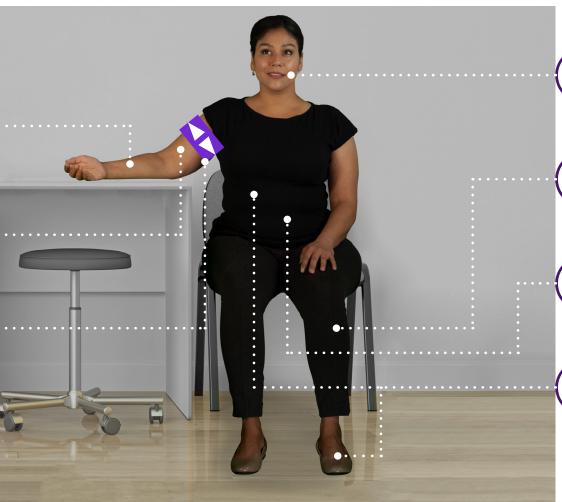


Need some cues to easily remember how to position a patient for BP readings?

Think of "ABC QUES"!

- A Arm supported at heart level
- B Bare arm for cuffs
- Correct cuff size and placement is vital



- Quiet at rest and during the measurment
- U Uncrossed legs
- E Empty bladder
- Supported back and feet