Predicted Impacts: Remote Patient Monitoring

The capabilities of remote patient monitoring (RPM) as a strategy to combat chronic disease will become more widely appreciated.

More payers will incorporate RPM and mobile health solutions to incentivize healthy behavior on the parts of their customers, and offer financial incentives for their customers to behave healthfully.

Health care providers will require further evidence on the efficacy of mobile health apps before recommending their use to patients on a broader scale.

Demand for virtual health solutions will continue to increase, as tech-savvy and health-conscious patients look for ways to monitor their own health statuses.

The adoption of payment mechanisms for RPM will encourage physicians to incorporate such technologies into their practices.