Understanding Pain and Conducting a Pain Assessment: Assessment and Management of Suicide in Patients with Chronic Pain

General risks
- Family history of suicide
- Previous suicide attempt
- Anxiety disorder
- Depression
- Substance use
- Isolation
- Hopeless/helpless
- Grief or loss
- Childhood abuse
- Weapons/substance access

Suicide
- Clinical questions:
  - Do you feel hopeless?
  - Thoughts of suicide?
  - Do you have a suicide plan?
  - Do you have access to means?
  - Previous suicide attempts?
- Actions:
  - Emergency contacts (crisis hotline)
  - Mobilize resources (family, friends)
  - Remove access to means
  - Need for psychiatric referral
  - Assess need for hospitalization

Pain-related risks
- Pain intensity
- Back pain, FM, migraine HA
- Pain catastrophizing
- Perceived disability
- Access to analgesic drugs
- Sleep disruption
- Pain escape
- Avoidance
- Problem-solving deficits