Understanding Pain and Conducting a Pain Assessment: Biopsychosocial Context of Pain

Variables that affect biopsychosocial context:

- Life experiences/meaning
- Environmental stressors
- Work history
- Family/friends and level of support
- Cultural influences
- Self-efficacy to manage pain
- Available coping strategies
- Quality of life
- Cognitive status
- Health and performance status
- Physical and emotional functioning
- Current and past substance use